



Middle School March 2025

EVERY DAY SELECTS & SUPER FOOD

<p><u>3/3</u> Every Day Select Golden Grilled Cheese Crispy Fries</p> <p><u>Super Food</u> Deli Stackable Bento Box Chef Salad w/ Roll Crispy Chicken Wrap</p>	<p><u>3/4</u> Every Day Select Cheese, Pepperoni & Buffalo Chicken Pizza</p> <p><u>Super Food</u> Egg and Muffin Bento Box Fiesta Garden Salad w/ Roll Chicken Caesar Wrap</p>	<p><u>3/5</u> Every Day Select Regular or Spicy Chicken Patty on a Bun w/ Fries</p> <p><u>Super Food</u> Tokyo Teriyaki Noodle Bowl Crispy Chicken Salad w/ Roll Buffalo Chicken Wrap</p>	<p><u>3/6</u> Every Day Select Hamburger or Cheeseburger On a Bun</p> <p><u>Super Food</u> Power UP Bento Box Chicken Caesar Salad w/ Roll Southwest Chicken Wrap</p>	<p><u>3/7</u> Every Day Select Cheese, Pepperoni & Hawaiian Pizza</p> <p><u>Super Food</u> Chip Dip Bento Box Hearty Garden Salad w/ Cheese & Roll Chicken Caesar Wrap Falafel Sandwich</p>
<p><u>3/10</u> Every Day Select Crispy Chicken Sandwich Crispy Fries</p> <p><u>Super Food</u> Deli Stackable Bento Box Chef Salad w/ Roll Crispy Chicken Wrap</p>	<p><u>3/11</u> Every Day Select Cheese, Pepperoni & Supreme Pizza</p> <p><u>Super Food</u> Egg and Muffin Bento Box Fiesta Garden Salad w/ Roll Chicken Caesar Wrap</p>	<p><u>3/12</u> Every Day Select Regular or Spicy Chicken Patty on a Bun w/ Fries</p> <p><u>Super Food</u> Tokyo Teriyaki Noodle Bowl Crispy Chicken Salad w/ Roll Buffalo Chicken Wrap</p>	<p><u>3/13</u> Every Day Select Hamburger or Cheeseburger On a Bun w/ Fries</p> <p><u>Super Food</u> Power UP Bento Box Chicken Caesar Salad w/ Roll Southwest Chicken Wrap</p>	<p><u>3/14</u> Every Day Select Cheese, Pepperoni & Meat lovers Pizza</p> <p><u>Super Food</u> Chip Dip Bento Box Hearty Garden Salad w/ Cheese & Roll Chicken Caesar Wrap Falafel Sandwich</p>
<p><u>3/17</u> Every Day Select Golden Grilled Cheese Crispy Fries</p> <p><u>Super Food</u> Deli Stackable Bento Box Chef Salad w/ Roll Crispy Chicken Wrap</p>	<p><u>3/18</u> Every Day Select Cheese, Pepperoni & Buffalo Chicken Pizza</p> <p><u>Super Food</u> Egg and Muffin Bento Box Fiesta Garden Salad w/ Roll Chicken Caesar Wrap</p>	<p><u>3/19</u> Every Day Select Regular or Spicy Chicken Patty on a Bun w/ Fries</p> <p><u>Super Food</u> Tokyo Teriyaki Noodle Bowl Crispy Chicken Salad w/ Roll Buffalo Chicken Wrap</p>	<p><u>3/21</u> Every Day Select Hamburger or Cheeseburger On a Bun w/ Fries</p> <p><u>Super Food</u> Power UP Bento Box Chicken Caesar Salad w/ Roll Southwest Chicken Wrap</p>	<p><u>3/22</u> Every Day Select Cheese, Pepperoni & Hawaiian Pizza</p> <p><u>Super Food</u> Chip Dip Bento Box Hearty Garden Salad w/ Cheese & Roll Chicken Caesar Wrap Falafel Sandwich</p>
<p><u>3/24</u> Every Day Select Crispy Chicken Sandwich Crispy Fries</p> <p><u>Super Food</u> Deli Stackable Bento Box Chef Salad w/ Roll Crispy Chicken Wrap</p>	<p><u>3/25</u> Every Day Select Cheese, Pepperoni & Supreme Pizza</p> <p><u>Super Food</u> Egg and Muffin Bento Box Fiesta Garden Salad w/ Roll Chicken Caesar Wrap</p>	<p><u>3/26</u> Every Day Select Regular or Spicy Chicken Patty on a Bun w/ Fries</p> <p><u>Super Food</u> Tokyo Teriyaki Noodle Bowl Crispy Chicken Salad w/ Roll Buffalo Chicken Wrap</p>	<p><u>3/27</u> Every Day Select Hamburger or Cheeseburger On a Bun w/ Fries</p> <p><u>Super Food</u> Power UP Bento Box Chicken Caesar Salad w/ Roll Southwest Chicken Wrap</p>	<p><u>3/28</u> Every Day Select Cheese, Pepperoni & Meat lovers Pizza</p> <p><u>Super Food</u> Chip Dip Bento Box Hearty Garden Salad w/ Cheese & Roll Chicken Caesar Wrap Falafel Sandwich</p>
<p><u>3/31</u> Every Day Select Golden Grilled Cheese Crispy Fries</p> <p><u>Super Food</u> Deli Stackable Bento Box Chef Salad w/ Roll Crispy Chicken Wrap</p>	<p>For Nutrition information https://longbranch.nutrislice.com/menu</p>	<p><u>Served Daily</u> Triple Decker Peanut Butter and Jelly Assorted Fruit Parfait</p> <p>Menu is subject to change</p>		

SIDES OFFERED DAILY WITH LUNCH CHOICES

**Assorted Fresh Fruits and Vegetables, Assorted Low Fat and Skim Milk
Assorted 100% Fruit Juice**

discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice)

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